

# Cathedral Cavern

## Mountain Biking Trail

### via Tilberthwaite & Little Langdale

Visit the jaw-dropping **Cathedral Cavern** on this cycling trail from Coppermines Lane. This easy-moderate trail takes you through woodland and open countryside, past historic slate mines and the iconic **Slater's Bridge** in Little Langdale. The highlight is a stop at Cathedral Cavern with its incredible slate pillar - not to be missed!



THE COPPERMINES  
LAKES COTTAGES

**At the ford, TURN LEFT (do not cross)**

**Diversion to CATHEDRAL CAVERN**

**An optional stop off at Slater's Bridge**

**TAKE A SHARP LEFT HERE**

**at Tilberthwaite Farm go straight ahead through farm yard taking the right hand gate**

**on Coppermines Lane turn right to take the Public Bridleway signposted to Yewdale Elterwater**

**CONISTON BLUEBIRD CAR PARK YOU ARE HERE**

**at the end of the Bridleway turn left to Tilberthwaite**

Mountain Bike Trail from Coniston Bluebird Car

Park Diversion to Cathedral Cavern

**Cathedral Cavern Mountain Biking Trail** (easy-moderate)

**Distance: 8.4miles / 13.5km**

**Approximate time: 1.5 hours**

No bike? Also makes a perfect half day walk - approx. time 4 hours

[www.coppermines.co.uk](http://www.coppermines.co.uk)