

The Old Man of Coniston

Circular Route from Coniston Bluebird Car Park

A must for all those visiting the South Lakes, this route starts on **Coppermines Lane** and reaches the summit of **Coniston Old Man via Low Water**. The return journey takes in the spectacular **Goat's Water** before rejoining the Walna Scar Road and descending back to Coniston Village.



THE COPPERMINES
LAKES COTTAGES




**Coniston Old Man
Circular Trail
via Low's Water
and Goat's Water**

**Distance:
7 miles / 11.5km**

**Approximate
time:
4-5 hours**


Walking route


**Alternate return route to
Coniston via road**



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